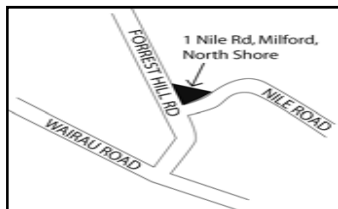


Registration-Enrolment

Seeing the doctor and getting your medication is not costly anymore, but you need to register and enrol with us. Registration is free and the government will pay most, if not all, a subsidy that covers the cost of seeing the doctor, and medication but enrolling. In some cases, like for children, there is no cost. There are some cases where you pay all costs, but discuss those with us when making an appointment. We encourage you and all members of your family to register with us when you make an appointment to see the doctor.

We will help you, family members and friends to register and enrol when you make an appointment to see the doctor. The only way for you to qualify for the subsidy is by enrolling.

Location



Opening Hours

Mondays to Fridays

- ❑ 9am – 12.30pm
- ❑ 12.30pm – 2.00pm Closed
- ❑ 2.00pm – 5.30pm

Weekends and Public Holidays

- ❑ Closed

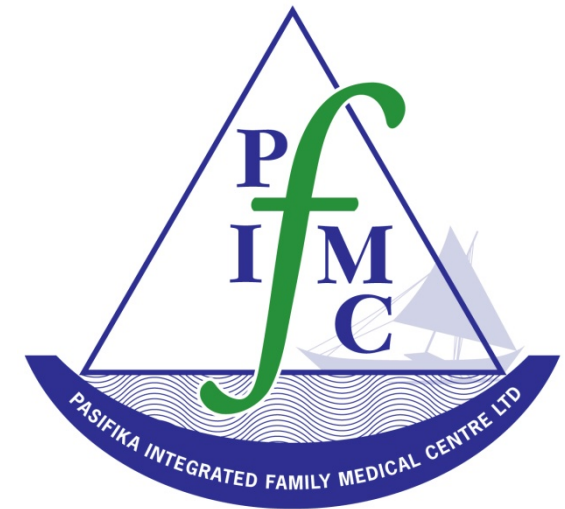
Emergencies - After Hours

North Shore - Shore Care Accident & Medical Clinics, 209 Shakespeare Rd, Takapuna. Telephone 486-7777.

Waitakere – Westcare White Cross, 131 Lincoln Rd, Henderson. Telephone 836-3336

These doctors there will take care of you just as we would. After hours medical care is charged for.

Pacific Integrated Family Medical Limited is a subsidiary of



Vision
**Quality Integrated Medical
Health Care for All – the
Pacific Way**

**1 Nile Road
Milford
NORTH SHORE**

**Ph:410-0275
Fax: 410-0282**

Email: info@pifmc.co.nz

Greetings. Fakalofa Atu. Talofa. Talofa Lava. Malo Lelei. Kia Orana. Bula Vinaka. Taloha Ni. Tena Koutou Katoa. Mauri. Na Maste. Ni Ho. Nei Haou



Mission

To provide quality Integrated, and Culturally appropriate Family medical care that is affordable to improve health status and well being of families with patient centred, preventative, early intervention and holistic care by caring and skilled staff

Who we are

A newly established medical centre that will provide for all your primary health care needs. We base the provision of our services on the 'integrated model' where relevant additional care is provided like joining our physical exercises programme as one example.

Medical Services

- ❑ Family health
- ❑ Children's health – well child check, immunisation, etc
- ❑ Women's health
- ❑ Men's health – prostate, etc
- ❑ Youth health
- ❑ Screening – cervical, cardiovascular, diabetes, breast, etc
- ❑ Minor operations by appointment
- ❑ Primary care options
- ❑ Prescription renewal
- ❑ ACC referrals
- ❑ Immigration checks
- ❑ Medical insurance
- ❑ Casual patients

Doctor's Profile



Dr Esela Natano - NZ registered, 12 years experience, studied at the Auckland School of Medicine. His qualifications include BHB, MBChB and Primex.

Dr Andrei Postoiakov, NZ Registered, 10 years experience in Cardiology in Belarus, 5 years practising in NZ, Qualifications include Bachelor of Medicine, NZREX, Primex. The doctors are supported by a team comprising of practice nurses, administration and management staff.

Community Health Services

- ❑ Health and Disability - Home base support services
- ❑ Primary Care - Lifestyle changes and risk management for 35-45 year olds; cardiovascular disease (cvd) services; health promotion and health education plus outreach nursing services to improve access
- ❑ Cultural support services (North Shore Hospital)
- ❑ Nutrition and physical activities
- ❑ Healthy eating and healthy activity

