



Pasifika Integrated Health North Shore Exercise Time Table



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Tongan Methodist</p> <p>Location: 139 Queen St.</p> <p>Time: 6pm—7pm</p> <p>Instructor Maree Wright</p>	<p>AOG</p> <p>Location: Rate Payers Building Beach Haven</p> <p>Time: 6pm-7pm</p> <p>Instructor Gerald Naepi</p>	<p>Maria Assumpta</p> <p>Location: 198 Beach Haven Rd.</p> <p>Time: 6pm-pm</p> <p>Instructor Nicole Manuela</p>	<p>PIPC</p> <p>Location: 198 Wairau Rd</p> <p>Time: 6pm-7pm</p> <p>Instructor Nicole Manuela</p>	<p>EFKS</p> <p>Location: 6 Verbena Rd.</p> <p>Time: 6pm– 7pm</p> <p>Instructor Gerald Naepi</p>	<p>Mamanu Health Trust</p> <p>Location: Kelston Community</p> <p>Time: 11am – 12pm</p> <p>Instructor Gerald Naepi</p>
	<p>Niuean Mixed</p> <p>Location: Onepoto Primary</p> <p>Time: 6pm—7pm</p> <p>Instructor Gerald Naepi</p>	<p>Zion Hill</p> <p>Location: 237 Onewa Rd.</p> <p>Time: 6pm-7pm (Fortnightly)</p> <p>Instructor Gerald Naepi</p>	<p>LDS</p> <p>Location: 7Aeroview Rd.</p> <p>Time: 6pm-7pm</p> <p>Instructor Gerald Naepi</p>		